

Race Guide

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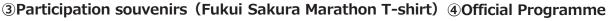
Thank you very much for entering the Fukui Sakura Marathon 2025. Overseas runners are kindly requested to complete the registration for runners as follows.

safety pins

Vinyl tie

T

Date & Time	Saturday, March 29 10 *Representatives cannot be accept *No admission will be accepted ou *No registration will be accepted ou	ted for admission (the tside of the above wind
Venue	Fukui City Cultural Ex FHAPITERRACEJ Happiring 1F 1-2-1, Chuo Fuk	C C
Items to bring	 (1) Email "or AMARYS your BIB number * Screenshot and prine (2) Valid Passport 	
Admission Flow	(1) Identification Email or AMARYS "My Page" indicated your BIB number and Passport at the checking counter.	(2) Collect Ath participation <u>*Please check</u> printed on the a <u>*Please note th</u> cannot be char selected at the
	te Bib Package	Please also re ment chip Bagga
Athlete B	-	ment chip Bag



Wave 1: Yellow Green

Wear one athlete bib per person on the chest, in a clearly visible position.

Wave 2: Orange



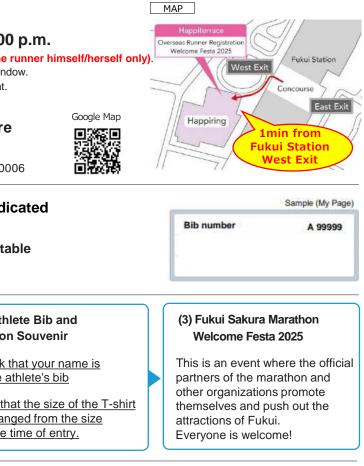
	FUKUI	メントロン ACCIN 税マラソフ 2025
	SAKUR	
	M A A A T H O N 2 O 2 3.30 (sun) START!	5
	- Event Producer	
	Suguru Osako (Professional runner, Nike)	
1		

Thank you for your entry to the "Fukui Sakura Marathon 2025." Please read this document carefully to prepare for this event. The event staff and volunteers all look forward to seeing you at the event.

Event Schedule · 3.30 (Sun) Marathon 7:00 am Baggage Storage Open 7:15 am Start block lining up : Start 8:20 am Start block for Wave 1 : Close 8:25 am Starting ceremony 8:30 am Start block for Wave 2 : Close 8:30 am Wave 1 : Start 8:40 am Wave 2 : Start 1:00 pm Awards ceremony 3:30 pm End of race What's New, Contact Information, and More Fukui Sakura Marathon Support Center • Fukui Sakura Marathon Executive Committee Secretariat vent website her Phone: 0570-086- 291 (Domestic call and Japanese only) (Fukui Sakura Marathon Division, Department of Exchange and Culture, Fukui Prefectural Government) (Weekdays 10:00 a.m. - 5:00 p.m.) Inquiries about Phone: 0776-20-0539 (Domestic call and Japanese only) Open till: Sunday, March 30 the event (Weekdays 9:00 a.m. - 5:00 p.m.) During the event Saturday March 29 10:00 a m - 6:00 p m Mail: marathon@pref.fukui.lg.jp Sunday March 30 6:30 a.m. - 5:00 p.m. (Fukui Sakura Maratho • FUKUI SAKURA MARATHON 2025 Inquiry Desk Inquiries for entry Mail: fukuisakuramarathon2025@gmt.jtb.jp Go/no-go decision for this event, due to disasters, adverse weather and others, will be announced according to the following method on the following date and time: Final go/no-go decisior

Date and time of announcement: Sunday March 30 2025, 5:00 a.m. Method of announcement: Event website and official SNS When the event is cancelled due to force majeure, other than the fault of the organizer, we will decide if the participation fee is refundable or not after taking into consideration the expenses incurred up to the time of the determination of the cancellation 'he information in this "Race Guide" is current as of Febrary 28, 2025. Please visit the event website to check the latest information as it is subject to change.





fer to the 'Items to bring on the day (P.6)' in the Race Guide!

	② Baggage bag (50cm×70cm)
Baggage Sticker Stick Baggage Sticker bag Banklackensel	on this Bondle Sole ALTWEED Methoda Value (Anderson) Of United Tele Anderson
We cannot store any items that not fit into this bag.	



%Only in Japanese

Marathon

On the day of the event, the area around Fukui Station, the starting point, will be very crowded. Come by public transportation with time to spare.

	Hokuriku Shinkansen									Shinkansen is recommended
	Train Name	Toyama	Shin- Takaoka	Kanazawa	Komatsu	Kagaonsen	Awaraonsen	F	Fukui at	Remarks
and	Tsurugi 1			6:00 a.m.	6:11 a.m.	6:19 a.m.	6:27 a.m.	6:	35 a.m.	
8 8 8 8	Tsurugi 781 (Extra train)			6:25 a.m.	6:36 a.m.	6:44 a.m.	6:52 a.m.	7:	00 a.m.	Recommended for marathon
aza	Tsurugi 3	6:21 a.m.	6:30 a.m.	6:46 a.m.		→ 7		7:	:09 a.m.	runners
rom Toyama and Kanazawa	Tsurugi 783 (Extra train)			6:49 a.m.	7:00 a.m.	7:08 a.m.	7:16 a.m.	7:	24 a.m.	
p_	Tsurugi 5	6:37 a.m.	6:46 a.m.	7:02 a.m.	7:13 a.m.	7:21 a.m.	7:29 a.m.	7:	:37 a.m.	
<u> </u>										
	Non-reserved seat fare to Fukui Station (per adult)	4,950 yen	4,620 yen	3,210 yen	2,730 yen	2,460 yen	1,210 yen			
	Train Name	Tsuruga	Echizen-Takefu	Fukui at		Remarks			NOTE	
Ø	Kagayaki 502	6:11 a.m.	6:23 a.m.	6:31 a.m.	Recorr	mended for r	narathon	٩	"Res	erved Seats" Recommended!
Tsuruga	Tsurugi 62	6:47 a.m.	6:59 a.m.	7:07 a.m.		runners				
										recommend that you make
From										erved seats on the Hokuriku
Ŀ	Non-reserved seat fare to Fukui Station (per adult)	2,730 yen	1,210 yen		Reserved seat only for Kagayaki train					nkansen in advance, as it is ected to be crowded.

*Note that the ticket counters are expected to be crowded on the day of the event. Consider using JR's online reservation service.

	Туре	Kanazawa	Daishoji	Awaraonsen	Maruoka	Harue	Morita	Fukui at	Remarks	
	Local (Extra train)			5:23 a.m.	5:28 a.m.	5:32 a.m.	5:35 a.m.	5:40 a.m.		
5	Local			5:42 a.m.	5:48 a.m.	5:51 a.m.	5:54 a.m.	5:59 a.m.		
Awaraonsen	Local	5:14 a.m.	6:05 a.m.	6:18 a.m.	6:23 a.m.	6:27 a.m.	6:30 a.m.	6:35 a.m.	Decommended for morethen	
DISe	Local (Extra train)	5:28 a.m.	6:30 a.m.	6:43 a.m.	6:47 a.m.	6:51 a.m.	6:54 a.m.	6:59 a.m.	Recommended for marathon runners	
aria	Local			6:55 a.m.	7:01 a.m.	7:05 a.m.	7:08 a.m.	7:13 a.m.		
A	Local	6:04 a.m.	7:01 a.m.	7:13 a.m.	7:18 a.m.	7:22 a.m.	7:25 a.m.	7:30 a.m.		
	Fare to Fukui Station (per adult)	1,660 yen	680 yen	380 yen	280 yen	230 yen	220 yen			
	Туре	Tsuruga	Takefu	Sabae	Kita-Sabae	Odoro	Echizen- Hanado	Fukui at	Remarks	
	Local (Extra train)		5:25 a.m.	5:30 a.m.	5:34 a.m.	5:38 a.m.	5:42 a.m.	5:45 a.m.		
	Local	5:32 a.m.	6:03 a.m.	6:09 a.m.	6:12 a.m.	6:17 a.m.	6:20 a.m.	6:23 a.m.		
nga	Local (Extra train)	5:51 a.m.	6:22 a.m.	6:27 a.m.	6:31 a.m.	6:35 a.m.	6:38 a.m.	6:42 a.m.	Recommended for marathon	
From Tsuruga	Local	6:05 a.m.	6:36 a.m.	6:42 a.m.	6:45 a.m.	6:49 a.m.	6:52 a.m.	6:56 a.m.	runners	
Ĕ	Local	6:26 a.m.	6:58 a.m.	7:03 a.m.	7:07 a.m.	7:11 a.m.	7:15 a.m.	7:18 a.m.		
5 F	Rapid	6:50 a.m.	7:15 a.m.	7:21 a.m.		\rightarrow		7:31 a.m.		

*Note that the ticket counters are expected to be crowded on the day of the event. We recommend the use of prepaid transportation cards (such as ICOCA and Suica).

	uzuryu	Line		(Obama	Line(tra	nsfer at Ts	suruga)		
Туре	Echizen-Ono	Fukui at	Remarks		Туре	Obama	Kaminaka	Mikata	Mihama	Tsuruga at	Remarks
Local	6:26 a.m.	7:25 a.m.	Recommended for marathon runners		Local	5:00 a.m.	5:13 a.m.	5:32 a.m.	5:40 a.m.	6:02 a.m.	Recommended for marathon runners
Fare to Fukui Station (per adult)	760 yen				Fare to Tsuruga Station (per adult)	990 yen	770 yen	510 yen	330 yen		-

- The organizer will not provide any parking space in the vicinity of the venue. The number of paid parking spaces is limited.
- Never park in shops, and other public spaces in the vicinity of the venue, as this will cause inconvenience to the shops and their users.

Latest Update!

We've updated our information with the Event website March 15, 2025 timetable revision and added special trains on Hokuriku Shinkansen and Hapiline Fukui (JR Ishikawa Railway) for the March 30 event, due to expected crowds on Hapiline Fukui, we recommend using Hokuriku Shinkansen and booking seats early to prepare for the event day.

	T				
[Echi	zen Rail [,]	way		
2	3				
	Mikuni Awara	Line			
	Train Number	Mikuni-Minato	Awara-Yunomachi	Fukui at	Remarks
	530M	5:30 a.m.	5:39 a.m.	6:18 a.m.	
	614M	6:14 a.m.	6:23 a.m.	7:04 a.m.	Recommended for marath runners
	644M	6:45 a.m.	6:55 a.m.	7:38 a.m.	Turners
	Fare to Fukui Station (per adult)	820 yen	730 yen		



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Fukui Railway

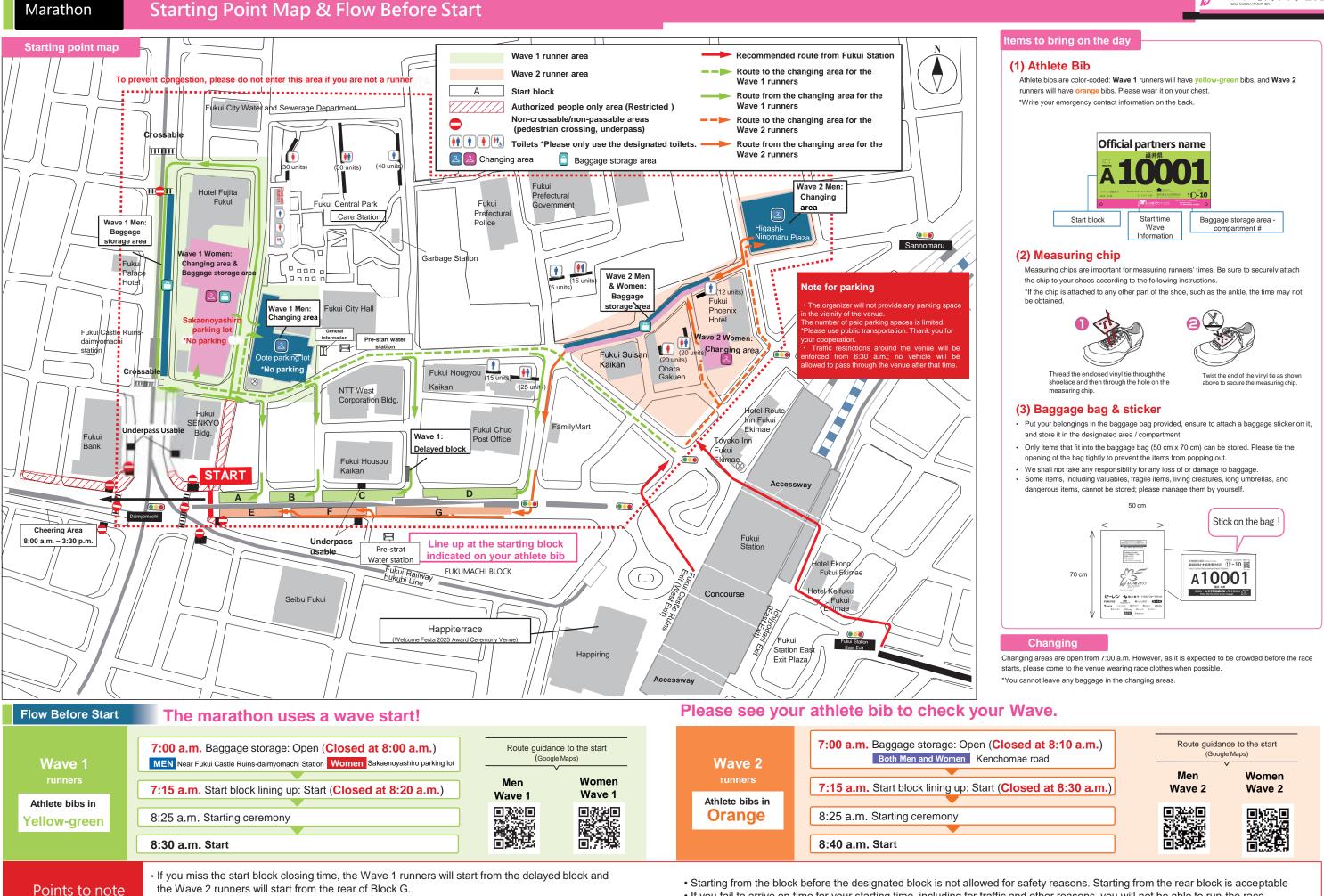
Fukui Railway F	Fukui Railway Fukubu Line								
Туре	Takefu-Shin	Hanando	Remarks						
Express	5:30 a.m.	5:59 a.m.							
Local	6:00 a.m.	6:36 a.m.	Recommended for marathon						
Local	6:18 a.m.	6:57 a.m.	runners						
Local	6:28 a.m.	7:07 a.m.							
Fare to Hanando Station (per adult)	450 yen								

*Train service between Sekijujimae and Tawaramachi will be suspended until 11:00 AM. A replacement bus service will operate from Hanado to Fukui Station. *After 11:00 AM, train service between Fukui Castle Daimyomachi and Tawaramachi will be suspended. There will be no replacement bus service for this section. *For more details, please check the Fukui Railway website.

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Katsuyama Eil	neiji Line	_		
Train Number	Katsuyama	Fukui at	Remarks	
520K	5:20 a.m.	6:11 a.m.		
600K	6:00 a.m.	6:51 a.m.	Recommended for marathon runners	
636K	6:37 a.m.	7:30 a.m.	Turners	
Fare to Fukui Station (per adult)	820 yen			





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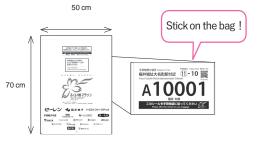
If a Wave 2 runner starts from the position/time of Wave 1, he/she will be disgualified.



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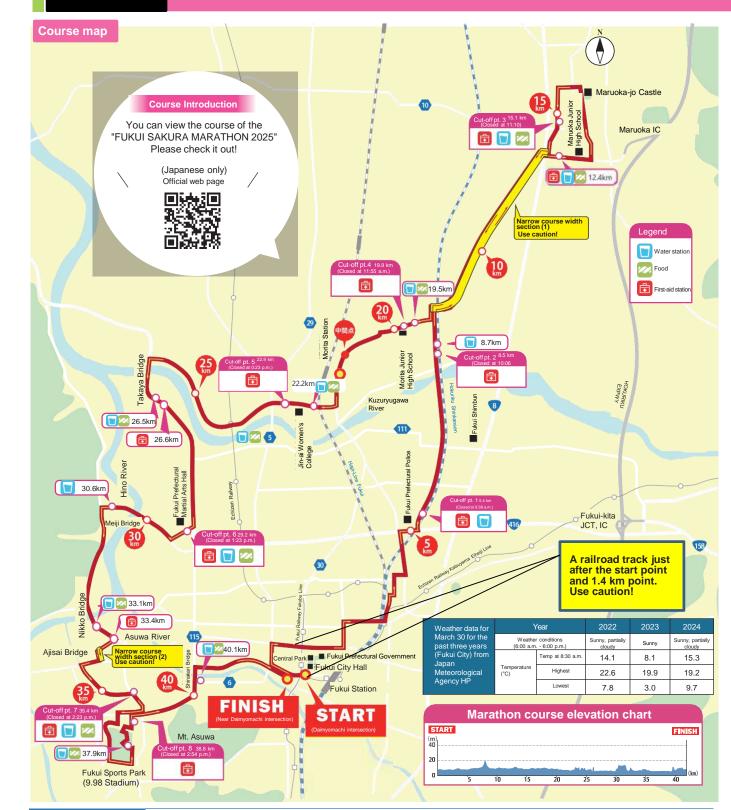






• If you fail to arrive on time for your starting time, including for traffic and other reasons, you will not be able to run the race.





Rubber mats have been laid out near the tracks immediately after the start and at two points in the 1.4km area. Please be careful of bumps when

Traffic is restricted on the course, but there are sections where only one side of the lane is restricted or where you will be running alongside

vehicles. Please be careful of vehicles during running. There are sections where **the course width gets narrower**. Use caution when running in those sections:

Aid Stations / 13 locations

No.	Dist. (km)	Left or l of cou		Water	Sports drink	Sparkling or tea	Food
1	5.4	L	R	0	0	-	_
2	8.7	L	R	0	0	_	_
3	12.4	L	R	0	_	sparkling	Sakura Aid*
4	15.1		R	0	0	_	Sakura Aid*
5	19.5		R	0	-	sparkling	Sakura Aid*
6	22.2	L		0	0	_	0
7	26.5	L		0	_	-	0
8	29.2		R	0	0	tea	Sakura Aid*
9	30.6	L		0	_	_	_
10	33.1	L		0	0	sparkling	Sakura Aid*
11	35.4	L		0	0	_	0
12	37.9	L		0	0	tea	Sakura Aid*
13	40.1	L		0	—	sparkling	Sakura Aid*

First-aid Stations / 11 locations

· First-aid stations are prepared at 11 locations along the course and at the START & FINISH points. · Doctors, nurses, and physiotherapists will be on standby at the first-aid stations, so please visit them when not

feeling well.

• First-aid stations will prioritize lifesaving, and first aid treatment will only be provided for injuries and illnesses during the race.

· A "self-care station" equipped with cold spray, taping, plaster, antiseptic, Vaseline, and more, is located next

to the First-aid stations 8, 10, and 11. Please make use of them to care by yourself. • The Fukui Central Park has a care station where acupuncture, massage and judo therapy treatments are available free of charge.

No.	Distance	Location		No.	Distance	Location
1	5.4 km	Fukui Sales Office, Supli Co.,	Ltd.	7	26.6 km	Disaster prevention station entrance
2	8.5 km	Uenohonmachi intersection		8	29.2 km	Fukui Prefectural Martial Arts Hall
3	12.4 km	Matsuokaman Transport		9	33.4km	Fukui City West Gymnasium
4	15.1 km	Sakai City Hall Maruoka Branch		10	35.4 km	Yashirokita Elementary School
5	19.9 km	Morita Junior High School		11	38.8 km	Yashiro Junior High School
6	22.9km	Kawabata Seishi Co., Ltd				
Che	eck Poir	1t / 8 locations				
NI	D ' (1)	t a contra c	01		For troffic soc	urity, and event operation, the check
No.	Distance	Location	Closed a			closed at the cut-off points shown on the
1	5.4 km	Fukui Sales Office, Supli Co., Ltd.	9:38 a.m.		left.	

No.	Distance	Location	Closed at	For traff
1	5.4 km	Fukui Sales Office, Supli Co., Ltd.	9:38 a.m.	points w left.
2	8.5 km	Uenohonmachi intersection	10:06 a.m.	Even b
3	15.1 km	Sakai City Hall Maruoka Branch	11:10 a.m.	the race not be a
4	19.9 km	Morita Junior High School	11:55 a.m.	• Once t
5	22.9 km	Kawabata Seishi Co., Ltd	0:23 p.m	runners
6	29.2 km	Fukui Prefectural Martial Arts Hall	1:23 p.m	course,
7	35.4 km	Yashirokita Elementary School	2:23 p.m	end bus
8	38.8 km	Yashiro Junior High School	2:54 p.m	

before the gate closure time, the judges may order ce to be stopped if it is clear that the runners will able to reach the gate by the gate closure time.

the point is closed, the race cannot continue; rs remaining on the course must immediately the instructions of the event officials and leave the and board the rescue bus at the point or the tail us running behind runners.

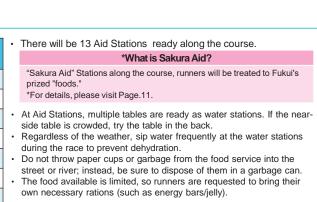
(Outward: from around the 9 to 12 km point; return: from around the 16 to 19 km point) Section 2: Near Fukui City Gas (from around the 33.9 to 34.1 km point)	Runners Stop	 Due to the passage of emergency vehicles to address accidents, fires, temporarily suspend or stop participants running and give priority to the
 Distance markers will be placed every 1 km and at the halfway point. For the last 5 km, the remaining distance will also be displayed every 1 km. Participate with proper clothing so that your athlete bib is visible. When wearing a raincoat in the rain or as a measure against the cold, please wear a transparent type (that can keep the inside visible). Please refrain from wearing anything inappropriate for a sporting event, such as clothing that covers the entire face, makes other runners or supporters uncomfortable, or poses a danger to them. 	Pace Runner	 Pace runners will run the course in groups of 4 to 5 for each of the fol [Set times] Wave 1: 3 hrs(Back of Block A) / 3 hrs 30 min (Back of Block B) / 4 hrs (Back of Wave 2: 4 hrs (Back of Block E) / 4 hrs 30 min (Front of Block F) / 5 hrs (Back of * As of 28 Febrary 2025 and is subject to change. Pace runners will target the time record from the starting gun to the finish (The set time is only a guide and does not mean that you will finish with the Pace runners who are supported to finish the race will run for the full time I

Precautions for Racing

Distance Marker

Closing

running.



Do not bring any food provided at Aid Stations to home; be sure to eat them all during the race. Some of the food provided may contain allergens. For more information about allergies, check the event website before the day of the race. Allergy information is also displayed at the aid stations on the day of the event, so runners are advised to check it and consume the food at their own discretion.

- Note that the organizers will not be responsible for any private water stations or food at aid stations other than those set up by the organizers.

Toilet / at 23 locations

• There will be 23 toilets (temporary) located approximately every 1 to 2 km along the course.

うろくい桜マラソン2

* Please only use the designated toilets.

No.	Distance	Left or Right of course	
1	1.3 km	L	
2	1.6 km		R
3	2.1 km		R
4	4.5 km		R
5	5.4 km	L	
6	6.8 km	L	
7	8.5 km		R
8	9.8 km		R
9	12.4 km	L	
10	15.1 km	L	
11	18.1 km		R
12	19.9 km	L	
13	21.1 km	L	
14	22.8 km		R
15	23.9 km		R
16	26.6 km	L	
17	29.2 km		R
18	30.6 km	L	
19	33.4 km	L	
20	35.4 km		R
21	36.4 km		R
22	38.8 km	L	
23	40.0 km	L	

res, and others, or to any other traffic conditions, the event officials may the passage of other parties, even during the race.

following set times:

of Block C)

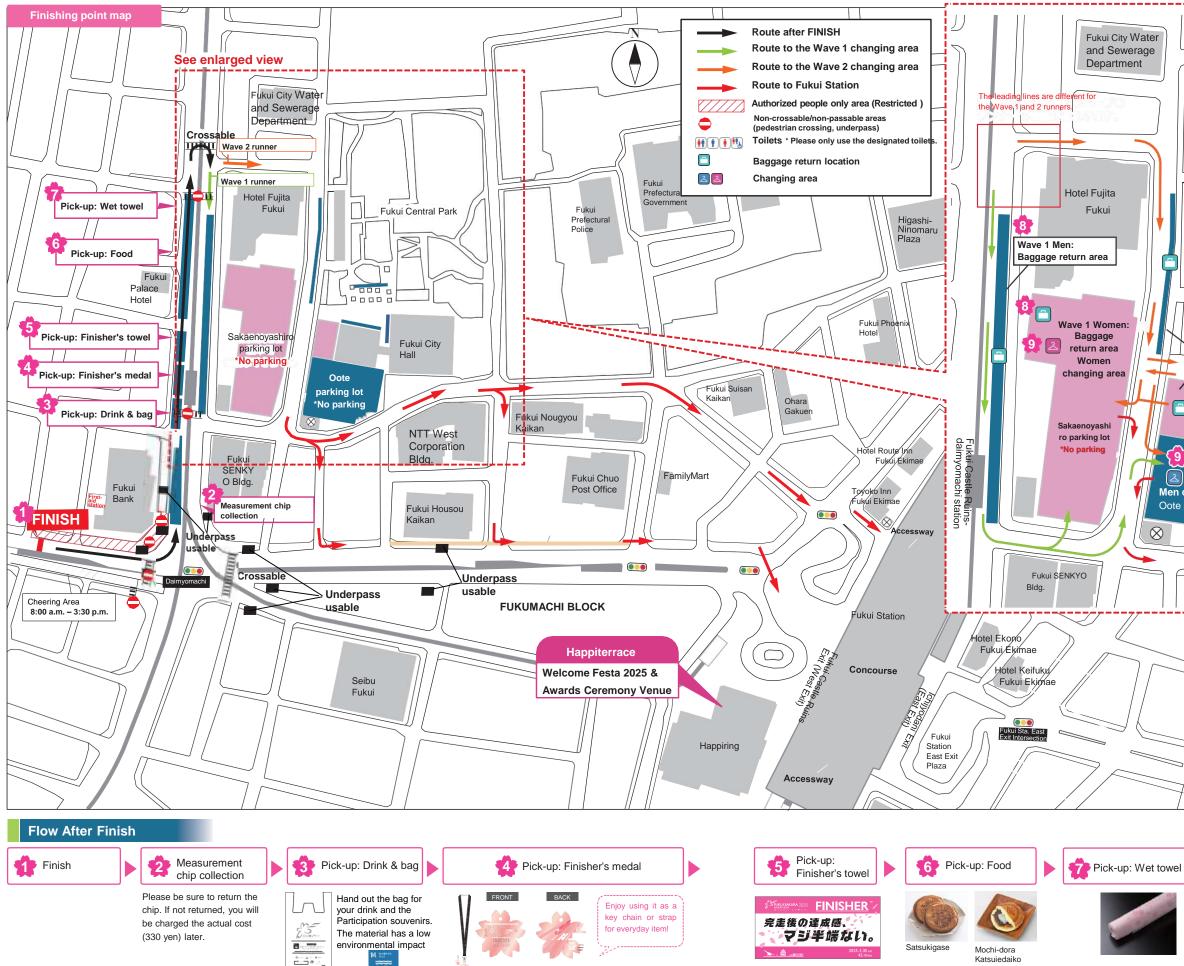
of Block F) / 6 hrs (Front of Block G) / Support for finishing the race (Back of Block G) h (aross time).

he exact set time e limit (3:30pm)

Marathon

Finishing Point Map & Flow after finish

10



Please note that Wave 2 runners (with orange athlete bibs) will change clothes and receive their baggage back at a different location from where they store their clothes and baggage before the start. Ì **††** Fukui Central Park Care station Í a g e staNio 8 Wave 2 Men and Womer Baggage return area Fukui City Hall 9 General Information Men changing area Oote parking lot No parking \otimes NTT West Corporation Bldg. **19** Changing Baggage return Baggage must be picked up by 4pm. Changing areas will be closed at 4:30 p.m.

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Marathon **Aid Station**



In the Fukui Sakura Marathon 2025, several "Sakura Aids," a local food stands for runners to be able to taste Fukui's prized "foods" will be prepared. We hope all of you enjoy Fukui's yummy specialties.

Please note that foods are limited in quantity and may not be available if the number of runners visited exceeds the planned number.



40.1 km point

Aid 5

19.5 km poin

Aid 8

29.2 km point

Aid 12



Kombu candy (Okui Kaiseido)

Sauce-Katsudon

(ORANGE BOX)

Hand-pressed grilled

mackerel sushi

(Echizen Suisan)

福井市

菓子組合

連合会



Sawayaka soda



(Hokuriku Royal CMBC) *Also offered at Aid 5 & Aid 10





Tamagon ball (Okawa pan)





(sauced





Chocolate (YOKOI Chocolate)



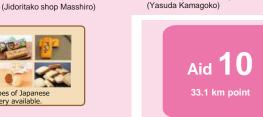
Chikuwa (fish cake)



na Risotto Rice Project ENZANS)

Meisharozu (Satsukigase)

Mizu-yokan, Sakura mizu-yokan (azuki bean jelly)(Egawa)



Sembei, Satsukigase

(Satsukigase)



Pickled Fukui plum (JA Fukui Group

FINISHING point



Mochi-dora Katsuiedaiko (Muranaka Kansendo)



X

Marathon **Awards and Records**

Awards and Ceremony

The awards ceremony for the winners of the following categories will be held at the Welcome Festa venue (in front of Fukui Station - Happiterrace). 1:00 p.m. Overall Marathon Men/Women 1st to 3rd place each - Awards will be given based on gross time.

Incentive for Japan National Team Challenge Activities

(limited to JAAF-registered athletes who have Japanese nationality on the day of the event)

- Marathon Men's and Women's 1st place: 500,000 yen; 2nd place: 400,000 yen; 3rd place: 300,000 yen
 - Incentive for achieving the Challenge: 1 million yen; The highest ranked runners who set a new personal record within 2 hours, 9 minutes and 59 seconds for men and 2 hours, 34 minutes and 59 seconds for women
 - Incentive for achieving the Japanese record : 10 million yen The highest ranked runner who set a new Japanese record

Awards by age group (award certificates to be sent at a later date)

 Men/Women Marathon by Age Group 1st to 8th place each (net time) Classification: 29 and under, 30s, 40s, 50s, 60s, 70 and over (ages as of the day of the event, excluding Overall winners)

Record Certificate

The record certificate will be a WEB-based certificate. After the event, go to RUNNET to get your certificate issued. No paper Certificate will be issued.

- Access the issuance page from the QR code on the right.
- . Until the record is finalized, the record displayed will be preliminary (unofficial). Please note that the certificate will be issued only in Japanese
- The records are expected to be finalised around mid-April.

Preliminary Record (Ouen navi) ※ Please note that the following services are only in Japanese. The website will go live on the day before the race

• Ouen navi (Marathon)



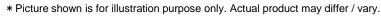
the app or website.

Runners Update



MCC (Marathon Challenge Cup)

MCC (Marathon Challenge Cup) is a project to support all marathon runners. The "Fukui Sakura Marathon 2025" is a member of the MCC.



Beaver crackers

[Flavor: Crab, Plain]

(Hokuriku Confectionery)

Echizen Soba

noodles (Takefuseimen)

* In addition to the above, the following food items will be provided.

[Aids 3 & 6] Salt tablet [Aid 11] SOYJOY, Body Mente jelly (Otsuka Pharmaceutical) [Aid 13] Pineapple candy.





pork cutlet bowl) is made with Fukui's new brand rice "Ichihomare"

Chicken Tacos

Oage (deep-fried tofu) (Taniguchiya)

Habutae mochi

(Muranaka Kansendo)

types of Japa



(Yasuda Kamagoko





- The winners of the 4th to 8th places in the overall marathon for men/women will receive their award certificates at a later date.



This service allows you to check the location of runners predicted from the measurement data on

Find the runner you wish to cheer by entering his/her athlete bib or name. By selecting the athlete, the predicted location information will be displayed on the course.



This service allows you to check the preliminary finish time from the website. You can easily check the finished time by simply entering the runners' athlete bib or name.





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